

SPORTDiscus with Full Text (via Ebsco) Database Guide

SPORTDiscus with Full Text is a comprehensive source of full text for more than 520 sports & sports medicine journals. Coverage for these journals starts from 1985.

Access this database

- Go to the Library Homepage: <http://library.otago.ac.nz/billrobertson/index.html>
- Click on *Databases & Article Searching*, under the heading *Research Tools*.
- Click on *SPORTDiscus with Full Text*
- Login with your username and password if prompted

Search this database:

This database opens to the **advanced search** (see below) which is the most helpful in terms of structuring your search. The words entered below aim to retrieve results about **maintaining the motivation of athletes during periods of injury**.

The screenshot shows the Ebsco SPORTDiscus search interface. At the top, there is a navigation bar with 'New Search', 'Publications', 'Thesaurus', 'Cited References', and 'More'. On the right, there are links for 'Sign In', 'Folder', 'Preferences', 'New Features!', and 'Help'. The main search area contains a search bar with the text 'motivat* athlet* injur*' and a dropdown menu for 'Select a Field (optional)'. Below this, there are two rows of search criteria: 'AND maintain* OR sustain*' and 'AND'. A 'Search' button is located to the right of the search bar. Below the search bar, there are links for 'Basic Search', 'Advanced Search', 'Visual Search', and 'Search History'. A 'Search Options' section is visible, with radio buttons for 'Boolean/Phrase', 'Find all my search terms', 'Find any of my search terms', and 'SmartText Searching Hint'. There are also checkboxes for 'Apply related words' and 'Also search within the full text of the articles'. Three callout boxes provide additional information: one explains 'Select a Field (optional)', another explains search tips, and a third explains search history.

Select a Field (optional) is the same as a **keyword search** and is often a good starting point. You can always revise your search if you get too many results.

There are many **'limits'** you can place on your search to narrow your results. However, **these limits can be applied after you perform a search too.**

Search tips:

- Use keywords not sentences
- Enclose a phrase with “_”.
- Use the * at the end of a word to retrieve all variant endings (e.g. motivat* = motivate, motivation, motivating, etc)
- Separate words that mean the same thing with OR, so the database searches either word (e.g. maintain OR sustain).

The **Search History** stores all the searches you've done in a session (they can't be retrieved once you've logged out of the database), so you can easily go back and repeat /revise them. If you want to **save all the searches you've made** and come back to them later, you can **create your own account** in this database – click the **Sign In** button (top right toolbar) to do this.

Search Results:

Searching: **SPORTDiscus with Full Text** | Choose Database

Search terms: **motivat* athlet* injur***
 AND **maintain* OR sustain***

This search has retrieved **33 results**. They are sorted by relevance but there are other sorting options available.

33 Results for...

Refine your results

- Full Text
- References Available
- English Abstract Available

1969 Publication Date 2009

Update Show More

Source Types

Subject: Thesaurus Term

Subject

Page: 1 2 3 4 Next | Relevance Sort | Page Options | Alert / Save / Share

1. [Keeping Your Head in the Game: Sport-Specific Imagery and Anxiety Among Injured Athletes.](#)
 Monsma, Eva; Mensch, James; Farroll, Jennifer, Journal of *Athletic Training* (English Abstract Available)
 Subjects: SPORTS injuries; PHYSICAL education; PHYSICAL fitness; ATHLETES; NATIONAL Collegiate Athletic Association
 Database: SPORTDiscus with Full Text
 Show all 4 images

Add to folder | Relevance: ██████████

PDF Full Text (887KB)

For more information about an article – click on its title. A short summary (or abstract) is often provided, as well as the *subject headings* it is indexed under - these headings can be useful for gaining more relevant results.

Click here to retrieve the **full text of an article** in PDF format (sometimes it might say HTML Full Text). The PDF format is best if you have the option.

If the full text isn't available, **Article Linker** will appear. Click on it to see if the article is available through another database. If it's not, use the **search the Library catalogue** or **Document Delivery** option.

These options on the left are for **refining your results**. Narrowing your results to **peer reviewed** / academic publications can be useful, so too can the **date slide-rule** and suggested **subjects** (click on the to expand the list(s)).

Not getting the results you want? Try altering the keywords in the search box (above the results list) and try using any relevant subject headings you've found.

Manage your results:
 Select articles by clicking **Add to Folder** (under each result). An **orange folder** containing your selections will appear on the right. From inside this folder you can Save / Print/ Email your selections.

Folder has items

- Keeping Your Head in the ...
- Imagery use by injured at...

Go to: Folder View

Articles 1-2 of 2 Page: 1 | Name Sort | Page Options

Select / deselect all | Delete Items

1. [Imagery use by injured athletes: A qualitative analysis.](#)
 Driediger, Molly; Hall, Craig; Callow, Nichola, Journal of Sports Sciences Mar2006, Vol. 24 Issue 3, p261 (English Abstract Available)
 Subjects: ATHLETES; SPORTS injuries; REHABILITATION; PHYSICAL therapists; SPORTS -- Psychological aspects; FIGURES of speech; DISTRACTION (Psychology); INTERVIEWS; PHYSICIANS
 Database: SPORTDiscus with Full Text
 PDF Full Text (230KB)

2. [Keeping Your Head in the Game: Sport-Specific Imagery and Anxiety Among Injured Athletes.](#)
 Monsma, Eva; Mensch, James; Farroll, Jennifer, Journal of Athletic Training Jul/Aug2009, Vol. 44 Issue 4, p410 (English Abstract Available)
 Subjects: SPORTS injuries; PHYSICAL education; PHYSICAL fitness; ATHLETES; HEALTH; FIGURES of speech; NATIONAL Collegiate Athletic Association
 Database: SPORTDiscus with Full Text
 Show all 4 images

Print | E-mail | Save as File | Export

How to reference an article in APA style from this database (for more examples, refer to the APA referencing Guide):
 Monsma, E., Mensch, J., & Farroll, J. (2009). Keeping your head in the game: Sport-specific imagery and anxiety among injured athletes. *Journal of Athletic Training*, 44(4), 410-417. Retrieved from SPORTDiscus with Full Text