

How to find a specific article

If you have the details of an article but don't know how to find it in the Library, follow these steps.

We'll use this reference to an article as an example:

Green, A. (2008). The Experience of Poor Sleep and its Consequences: a Qualitative Study involving People referred for Cognitive-Behavioural Management of Chronic Insomnia. *British journal of occupational therapy*, 71(5), 196-204.

Step 1: Go to the library catalogue

(We're going to see if the library has access to the **journal** the article was published in - the *British journal of occupational therapy*)

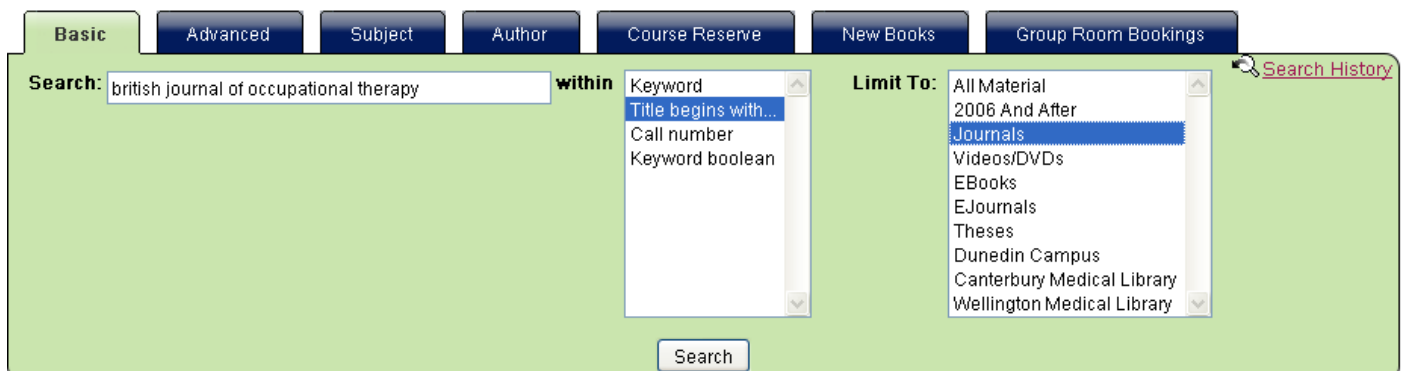
From the Library Homepage, <http://library.otago.ac.nz/billrobertson/index.html>, go to Library Catalogue



Step 2: Search for the journal

Basic Search

University of Otago Libraries [Search another library](#)



Tip: Use the 'Title begins with..' and Journals limits

Step 3 Find the journal title in the list of results

Look for the *exact title* in the list of results. Sometimes you'll come across an online version of the journal. The online version always has [electronic resource] beside it.

University of Otago Libraries

3 results found

Title begins with...(british journal of occupational therapy) (TYPE=as)

[Edit Search](#) [Save Search](#) [Save Search as Alert](#)

Print Export E-mail Add to Saved Items Select Page All

- British journal of occupational therapy.** ← **Journal on the library shelves**

1974
multiple copies - check record for details
- Occupational therapy.**

1950
615.8515 OCC
no item information, Dn: Robertson Library: Journals (Polytech)

Ignore these dates – they are only telling you when the journal was first published – not what we have access too.
- British journal of occupational therapy [electronic resource].** ← **Online version**

1974
Online

Option A: The British journal of occupational therapy on the library shelves

New Search My Saved Searches My Saved

Keyword Search : [Search](#) [Search History](#)

The British journal of occupational therapy.

Library: University of Otago Libraries
Title: The British journal of occupational therapy.
Contributor(s): British Association of Occupational Therapists.
Continues: Occupational therapy
Subjects: Occupational therapy--Periodicals.
Publisher: London, British Association of Occupational T
ISSN: 0308-0226
Notes: Continues: Occupational therapy.

This is all information about the journal (who publishes it, etc). Scroll down below the **Holdings** to find out which libraries have the journal.

Holdings:

Here are the holdings for the Robertson Library. Go to where it says **Library has**. Then work your way up the list to see if the library has the issue of the journal required (v.71 no.5)

It looks like we do because the — after v.37 no.5 indicates that our holdings of this journal just keep on going (right up to Dec 2010).

Indexes: Index:v.61 (1998), Index:v.63 (2000) - Index.v. 72 (2009)

Location: Dn: Robertson Library: Journals (Polytech)

Call Number: 615.8515 OCC ←

Number of Items: 0

Status: No information available

Recent Issues: v. 73, no. 12 (2010 Dec.)
 v. 73, no. 11 (2010 Nov.)
 v. 73, no. 10 (2010 Oct.)
 v. 73, no. 9 (2010 Sept.)
 v. 73, no. 8 (2010 Aug.)
 v. 73, no. 7 (2010 July)
 v. 73, no. 6 (2010 June)
 v. 73, no. 5 (2010 May)
 v. 73, no. 4 (2010 Apr.)
 v. 73, no. 3 (2010 Mar.)
 v. 73, no. 2 (2010 Feb.)
 v. 73, no. 1 (2010 Jan.)
 v.37:no.5 (1974:May) -

Note down the **call number** so you can find the journal on the shelves. The journals are kept on the ground floor.

Library has:

Indexes: v.61 (1998), v.63 (2000) - v.69 (2006)

Location: Wn: Wellington Medical Library: Journals




Call Number: No call number available

Number of Items: 1

Status: Available

Option B: The British journal of occupational therapy online

Print Export E-mail Add to Saved Items Select Page All

- 1  [British journal of occupational therapy.](#)
1974
multiple copies - check record for details
- 2  [Occupational therapy.](#)
1950
615.8515 OCC
no item information, Dn: Robertson Library: Journals (Polytech)
- 3  [British journal of occupational therapy \[electronic resource\].](#)
1974
Online

British journal of occupational therapy (Online) The British journal of occupational therapy

Library: University of Otago Libraries
Title: The [British journal of occupational therapy](#) [electronic resource].
Contributor(s): [College of Occupational Therapists.](#)
Variant Title: [British journal of occupational therapy \(Online\)](#)
Electronic Resource [Dunedin campus](#)
[Wellington campus](#)
[Christchurch campus](#)
[Otago Polytechnic](#)
Physical Description: Electronic resource
Subjects: [Occupational therapy--Periodicals.](#)
[Electronic journals.](#)
Publisher: [London] : College of [Occupational Therapists](#)
ISSN: 1477-8006

You can access any online journals that have **Otago Polytechnic** under/beside **Electronic Resource**. (click on **Otago Polytechnic** to access the journal) .

If **Otago Polytechnic** *doesn't* appear, and there is no copy of the journal on the library shelves (this includes the Uni libraries on the Dunedin campus as well), make a *document delivery request* for the article.

The info on this next screen can be confusing. Don't worry about the search box – the journal is listed on the left along with a link to the database you can access it from, which in this case is IngentaConnect (click here). However, you also need to check that its online version provides access to the 2008 issues but in this case it does.

THE ROBERTSON LIBRARY

Otago Polytechnic E-Journal Portal

0-9 A B C D E F G H I J K L M N O P Q R S T U V W X Y Z Other

Title begins with Search Clear

– Please select a subject category – Search

[British journal of occupational therapy \(0308-0226\)](#)
from 1998 to present in [IngentaConnect](#)

Last Updated on 17 January 2011 © 2000-11 Serials Solutions, Inc.

From here you may be prompted to login with your **Poly username and password**.

Here is the *British Journal of Occupational Therapy* in the database IngentaConnect. You'll usually find that a list of years, volumes and issues is provided. If not, look for a link to *past issues* or *archive*.

The British Journal of Occupational Therapy

ISSN 0308-0226, Online ISSN: 1477-6006

[Visit publication homepage](#)



Publisher: [College of Occupational Therapists](#)

160 issues are available electronically

Volume 73

- [Number 12, December 2010](#)
- [Number 11, November 2010](#)
- [Number 10, October 2010](#)
- [Number 9, September 2010](#)
- [Number 8, August 2010](#)
- [Number 7, July 2010](#)
- [Number 6, June 2010](#)
- [Number 5, May 2010](#)
- [Number 4, April 2010](#)
- [Number 3, March 2010](#)
- [Number 2, February 2010](#)
- [Number 1, January 2010](#)

More in this subject:

[Therapeutics & Alternative Medicine](#)

Related Information:

[Subscribe to this Title](#)

[Membership Information](#)

Scroll down to the appropriated year, volume and issue.

*College of Occupational Therapists 33rd Annual Conference 2009 - Book of Abstracts
Supported by Wessex*

Volume 71

- [Number 12, December 2008](#)
- [Number 11, November 2008](#)
- [Number 10, October 2008](#)
- [Number 9, September 2008](#)
- [Number 8, August 2008](#)
- [Number 7, July 2008](#)
- [Number 6, June 2008](#)
- [Number 5, May 2008](#)
- [Number 4, April 2008](#)
- [Number 3, March 2008](#)
- [Number 2, February 2008](#)

Select the appropriate article from the list

Articles

- [Placement Educators: Are you Ready for the Net-Ready Generation?](#)
pp. 175-175(1)
Author: Gray, Peter
- [An Autoethnographic Exploration of an Occupation: Doing a PhD](#)
pp. 176-184(9)
Author: Taylor, Jackie
- [The Way We Were: Thinking Rationally](#)
pp. 185-195(11)
Author: Hocking, Clare
- [The Experience of Poor Sleep and its Consequences: a Qualitative Study involving People referred for Cognitive-Behavioural Management of Chronic Insomnia](#)
pp. 196-204(9)
Authors: Green, Andrew; Hicks, Jane; Wilson, Sue

Once you've drilled down to the required article, look out for a link to the PDF or HTML full text.

S The Experience of Poor Sleep and its Consequences: a Qualitative Study involving People referred for Cognitive-Behavioural Management of Chronic Insomnia

Authors: Green, Andrew; Hicks, Jane; Wilson, Sue

Source: [The British Journal of Occupational Therapy](#), Volume 71, Number 5, May 2008, pp. 196-204(9)

Publisher: [College of Occupational Therapists](#)

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The Bill Robertson Library
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T Free trial content

S You have access to the full text electronic article

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151kb

[Mark item](#)

Abstract:

Six patients seeking treatment for chronic insomnia participated in two focus groups as a first stage of questionnaire design. Despite the low attendance at the groups, the results are presented because they offer an illuminating insight into the experience of insomnia.

The participants reported major disruption to their daytime activities, especially in terms of safety and reliability, which could affect their life choices and, they believed, could affect their health. They did not feel understood by others, especially doctors, and wanted better information about insomnia and its management. The study also highlighted practical problems involved in running focus groups as well as ethical considerations that arise when conducting research with current patients. These issues

Need more help?

Phone 479 3793 (living in Dunedin) or 0800 347 826 (living outside Dunedin)

Email reference.robertson@otago.ac.nz

Option C:

I'm a **distance student living outside Dunedin**, how do I get journal articles that aren't available online?

Make a request to the Remote Library Service, their online request form is available at:

<http://www.library.otago.ac.nz/billrobertson/remoterequest.php>